



Republic of the Philippines
Department of Education
REGION X

SCHOOLS DIVISION OF CAGAYAN DE ORO CITY



Office of the Schools Division Superintendent

07 February 2023

DIVISION MEMORANDUM

No. 45 s.2023

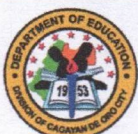
**INTENSIFY DAILY HANDWASHING WITH SOAP ACTIVITY AND BASIC PERSONAL
HYGIENE HABITS IN SCHOOLS TO PREVENT HAND, FOOT, AND MOUTH DISEASE
(HFMD)**

To: All Public Schools District Supervisors
Curriculum Implementation Division Personnel
Schools Governance and Operations Division Personnel
All Elementary and Secondary School Administrators
All Division Health Personnel
All Others Concerned

1. The Department of Health (DOH), through the Center for Disease Control, cited recently on the increasing Hand, Foot, and Mouth Disease (HFMD) cases in various parts of the country. HFMD is a very contagious viral disease which is common in children and quickly spreads in schools. The disease can be easily transmitted through person-to-person contact like hugging, kissing, sharing of utensils, respiratory droplets (e.g., sneezing and coughing) and touching contaminated surfaces and objects. Signs and symptoms include fever, sores in the mouth, hands, palms, fingers, and soles.

3. In consonance with DepEd Regional Memorandum No. 56, s. 2023 titled **Intensify Daily Handwashing with Soap Activity in Schools**, all schools are required to adopt the DOH's recommendations:

- a. Ensure that handwashing facilities in all schools are utilized and always functional and that water and soap are always available.
- b. Coordinate with Local Chief Executive, through the local health units for regular disinfection of classrooms and school offices.
- c. Utilize all locally available information and campaign materials, including the DOH Playbooks for School on Hand Hygiene and Sanitation.
- d. Intensify information dissemination on proper handwashing to students, teachers, and all school personnel.

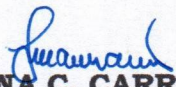


Address: Fr. William F. Masterson Ave., Upper Balulang, Cagayan de Oro City
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- e. Inform parents of the learners to also monitor other family members for signs and symptoms and to seek immediate medical advice when these are present.
4. Further, basic personal hygiene practices should be emphasized to all our learners, such as: daily regular bath, toothbrushing at least twice daily, regular trimming of nails, and wearing of clean clothes and proper footwear.
5. For immediate dissemination and strict compliance.

CHERRY MAE L. LIMBACO - REYES
Schools Division Superintendent

For the Schools Division Superintendent:


LOREBINA C. CARRASCO
OIC- Assistant Schools Division Superintendent
Officer-In-Charge
Office of the Schools Division Superintendent

Encl.: NONE

Reference: OASGFO No. 2022-1-2

DOH's Recommendations to Prevent HFMD

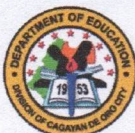
Regional Memo No. 56, s.2023

Intensify Daily Handwashing with Soap Activity in Schools

To be indicated in the Perpetual Index
under the following subjects:

HAND, FOOT, MOUTH DISEASE
LEARNERS
SCHOOLS
TEACHERS

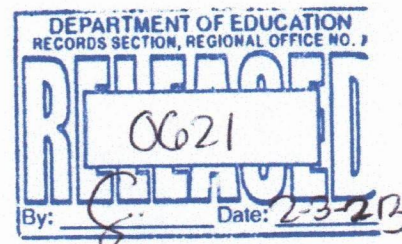
BMM/DM- intensify daily handwashing with soap activity and basic personal hygiene habits in schools to prevent hand, foot, and mouth disease (hfmd)
February 7, 2023



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Republic of the Philippines
Department of Education
REGION X – NORTHERN MINDANAO



February 2, 2023

REGIONAL MEMORANDUM
No. 56, s. 2023

INTENSIFY DAILY HANDWASHING WITH SOAP ACTIVITY IN SCHOOLS

To: Schools Division Superintendents
Chiefs, School Governance and Operations Divisions
Public Schools District Supervisors
Elementary and Secondary School Administrators
School Health Personnel
All others concerned

1. This issuance refers to the attached **Memorandum OASGFO No. 2022-102** from the Office of Assistant Secretary for Governance and Field Operation on the **Department of Health's (DOH) Recommendations to Prevent Hand Foot and Mouth Disease (HFMD)** to intensify daily handwashing with soap activity in schools.
2. The DOH, through the Center for Disease Control (CDC), cited the widespread of this very contagious viral disease, which is most common in children and quickly spreads in schools. There is an increasing number of HFMD affected learners in some parts of the country. The disease can be easily transmitted through person-to-person contact like hugging, kissing, sharing of utensils, respiratory droplets (e.g., sneezing and coughing) and touching contaminated surfaces and objects. Signs and symptoms include fever, sores in the mouth, hands, palms, fingers, and soles.
3. Hence, this Office requires all schools to intensify daily handwashing with soap activity as a cost-effective preventive measure and adapt the DOH recommendations as follows:
 - a. Ensure that handwashing facilities in all schools are utilized and always functional and that water and soap are always available.
 - b. Coordinate with Local Chief Executive, through the Local Health Units for regular disinfection of classrooms and school offices.
 - c. Utilize all locally available information and campaign materials, including the DOH Playbooks for Schools on Hand Hygiene and Sanitation.
 - d. Intensify information dissemination on proper handwashing to students, teachers, and all school personnel.

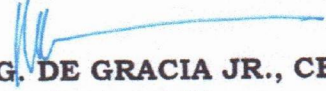


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- e. Inform parents of the learners to also monitor other family members for signa and symptoms and to seek immediate medical advice when these are present.
4. This Office directs the immediate and wide dissemination of this Memorandum.

DR. ARTURO B. BAYOCOT, CESO III
Regional Director


DR. VICTOR G. DE GRACIA JR., CESO V
Assistant Regional Director
Officer-in-Charge
Office of the Regional Director

ATCH.: As stated
To be indicated in the Perpetual Index
under the following subject:

HEALTH AND WELLNESS

RE: Intensify daily handwashing with soap activity in schools

ESSD/ribc

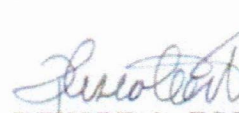


Republic of the Philippines
Department of Education
OPERATIONS

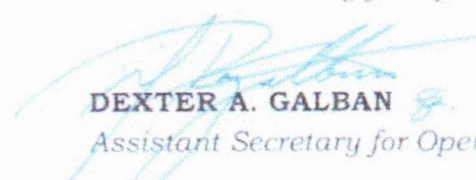
OASGFO No. 2022-102

MEMORANDUM

TO : **ALL REGIONAL DIRECTORS**
ALL SCHOOLS DIVISION SUPERINTENDENTS
ALL SCHOOL HEADS
ALL OTHERS CONCERNED

FROM : 
Atty. REVSEE A. ESCOBEDO
Undersecretary for Operations


FRANCIS CESAR B. BRINGAS
Assistant Secretary for Operations


DEXTER A. GALBAN
Assistant Secretary for Operations

SUBJECT : **Department of Health's Recommendations to Prevent
Hand Foot and Mouth Disease**

DATE : **January 25, 2023**

This Office respectfully endorses the attached letter from Dr. Maria Rosario S. Vergeire, Officer-in-Charge, Department of Health (DOH), dated December 2, 2022, regarding the DOH's recommendations to prevent Hand Foot and Mouth Disease (HFMD).

To prevent the spread of HFMD, DOH encourages the following actions:

1. Ensure that handwashing facilities in all schools are utilized and always functional and that water and soap are always available;
2. Coordinate with Local Chief Executives through the Local Health Units for regular disinfection of classrooms and school offices;
3. Utilize all locally available information and campaign materials, including the DOH Playbooks for Schools on Hand Hygiene and Sanitation;
4. Intensify information dissemination on proper handwashing to students, teachers, and all school personnel; and

5. Inform parents of students to monitor other family members for signs and symptoms and to seek immediate medical advice when these are present.

For wide dissemination and appropriate action.



Republic of the Philippines
Department of Health
OFFICE OF THE SECRETARY

02 December 2022

HONORABLE SARA Z. DUTERTE
Vice President, Republic of the Philippines
Secretary, Department of Education

Dear **Hon. Duterte**:

The Department of Health (DOH) is concerned with the recent health events and surveillance reports on the increasing number of cases of **Hand Foot and Mouth Disease (HFMD)**.

According to the Center for Disease Control (CDC), HFMD is a very contagious viral disease that is most common in children and it spreads quickly in schools and daycare centers. The disease can be easily transmitted through person-to-person contact (e.g. hugging, kissing, sharing cups/utensils); respiratory droplets (e.g. virus particles spread from sneezing, coughing) and contact with contaminated surfaces and objects (e.g. contaminated doorknobs, toys then touching the eyes, nose, mouth). Signs and symptoms include fever, sores in the mouth, hands, palms, fingers and soles.

The DOH has already recorded 541 HFMD cases in Albay Province and most of which occurred only in a month-long period. Oas Municipality has the highest number of cases (162 cases as of December 2, 2022). The Albay Central School has already initiated preventive measures, like disinfection of classrooms and information dissemination.

Clustering of cases was also detected in other provinces like Cagayan and Isabela with 45 and 29 cases respectively. There were also reports in Mariveles, Bataan and in Trinidad and Marikina of Benguet.

To prevent the spread of this highly transmissible disease amongst our school children, the DOH shares with you the following recommendations for DepEd's consideration:

- Ensure that handwashing facilities in all schools are utilized and always functional and that water and soap are always available.
- Coordinate with Local Chief Executives, through the Local Health Units for regular disinfection of classrooms and school offices.
- Utilize all locally available information and campaign materials, including the DOH Playbooks for Schools on Hand Hygiene and Sanitation.
- Intensify information dissemination on proper handwashing to students, teachers, and all school personnel.
- Inform parents of students to also monitor other family members for signs and symptoms and to seek immediate medical advice when these are present.

We hope that we have provided your Department with relevant information that can be disseminated to students, teachers and other school staff. DepEd is a crucial government agency that can support the DOH in controlling this infectious disease that is mostly affecting

our children. Rest assured that the DOH is more than grateful to provide assistance and support on any activities of DepEd that aims to address and prevent HFMD.

Thank you very much for your utmost cooperation on this public health issue.

Very truly yours,

MARIA ROSARIO S. VERGEIRE, MD, MPH, CESO II
Officer-in-Charge
Department of Health